

“Breastfeeding program for healthcare profession”

Course code: CS26081



World Breastfeeding

August Week

Aims:

To provide an updated and evidence-based breastfeeding knowledge and skills to health care professionals with practical skills in order to prevent and manage breastfeeding problems that helps the breastfeeding mothers to continue breastfeeding

Objectives:

- To provide updated knowledge and skills to prevent breastfeeding problems such as blocked duct, breast pain and mastitis.
- To early identify and manage the breastfeeding problems using appropriate assessment with intervention
- To provide knowledge on appropriate diet for breastfeeding mothers, and their infants after weaning
- To provide updated knowledge on assessing the growth of the infant
- To provide knowledge on Chinese Medicine in supporting the health of the breastfeeding mothers during “doing the month”

3 Seminars | **Date: 1 August 2026 | Zoom Live Lecture**

Seminars	Time	CNE/CEM	Topic / Speaker
1	13:30 - 14:30	1	中醫對21世紀坐月飲食建議與哺乳常見問題處理(包括乳腺炎、缺乳) 陳詩雅註冊中醫師
2	14:30 - 15:30	1	Revising the use of weight in breastfed infants to interpret nutritional status Dr. LEUNG Suk Fong, Sophie Consultant, Breast Feeding Clinic, CUHKMC
3	15:30 - 16:30	1	Cancer prevention from early life and breast feeding Dr. LEUNG Suk Fong, Sophie Consultant, Breast Feeding Clinic, CUHKMC

Target Participants:

All Midwives and Nurse

Teaching Medium: Cantonese supplemented with English

Fee:

HKD150 / Seminar (Member)

HKD225 / Seminar (Non-Member)

Scan code to join membership



Award:

e-Attendance Certificate will be issued

Payment Method: Please enroll by using the QR code and make the payment within **7 days** of your enrolment, or your application will be cancelled. All course fees are not refundable / transferable.

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Please send the bank-in slip to us via
Email: info@midwives.org.hk,
WhatsApp: 9145 3581 or Fax: 2572 5329

2 By Cheque

Please send the crossed cheque payable to

“Hong Kong Midwives Association”

D1, 13/F, Hyde Centre,
223 Gloucester Road, Wan Chai
Hong Kong

e-Application Form



Scan Here

Enrolment Deadline: 25 July 2026

Enquiry: ☎ 2893 8800

Course content may be updated and please refer to our website for the latest information.