



CELEBRATING THE INTERNATIONAL DAY OF THE MIDWIFE 2022

Free of charge to members of Association!

24 MAY 2022 (TUESDAY)

18:00-20:00 | Zoom Live Lecture

Objectives

- To learn the psychological impact of COVID-19 on midwives based on an updated Australian study
- To understand and explore ways to manage stresses under the COVID pandemic

18:00 – 19:00

PSYCHOLOGICAL WELL-BEING OF MIDWIVES DURING THE COVID-19 PANDEMIC

SPEAKER

Dr Sara Holton

PhD (University of Melbourne)
Senior Research Fellow
(Deakin University, Australia)



19:00 – 20:00

STRESS MANAGEMENT AND MINDFULNESS PRACTICE FOR MIDWIVES

SPEAKERS

Dr Adrian Sham

(MBChB, Dip Med, FRCPsych, FHKCPsych, FHKAM (Psychiatry))
Honorary Clinical Associate Professor of CUHK & HKU

Ms Ng Tsz Yin, Natalie

(BSocSc Psychology, MSS Counseling Psychology)
Registered Counselling Psychologist (HKPS)
Certified Clinical Hypnotherapist
Mindfulness Trainer
Accredited Mediator



- Teaching Medium** : English
- Target Participants** : Registered Midwives and Nurses
- Fee** : Free of charge (Member);
HKD450 (Non-Member)
- CNE / PEM Point** : 2 Points
- Award** : eAttendance Certificate will be issued
- Enquiry** : Hong Kong Midwives Association
Tel : 2893 8800 Fax : 2572 5329

Register Now!



Enrollment Deadline
20 May 2022
(first come first served)